



## JUDY RAYMOND 2022 VISION AWARD



Judy Raymond, Lake Prince Woods executive director has been honored with LeadingAge Virginia's 2022 Vision Award. Judy has been at the helm of Lake Prince Woods for 12 years and has been a strong advocate for seniors and the senior living industry since 1984.

As a licensed nursing home administrator and certified therapeutic recreation specialist, she's impacted countless lives at Lake Prince Woods and has served on and chaired a variety of committees to advocate for older adults.

Judy has also helped nurture tomorrow's leaders in the aging services industry. She's mentored more than 50 administrators in training, including minority candidates, and has worked diligently to advance diversity in the field.

As executive director, Judy has led development of Lake Prince at Home, LLC, a Medicare-certified home health and hospice agency, and she's spearheading an expansion of cottage and villa units, along with a new wellness and community center.

Her thoughtful approach to care and to facility management dovetails perfectly with the Vision Award's ideal of a leader who respects the past, leads today, and creates the future.

Lake Prince Wood  
EveryAge Senior Living™

# Kaleidoscope

TELLING THE EVERYAGE STORY

EveryAge is a Christian ministry providing vibrant living, diverse programs of outreach and compassionate services.

FALL 2022

Welcome to Kaleidoscope! EveryAge continues to have lasting impact on our residents, team members, and community. We hope you will enjoy the stories behind our ministry, along with the people we serve and those that serve for the common good. Our mission, like that of a kaleidoscope, can clearly be seen and experienced – reflecting the beauty, culture, and values of our organization. Enjoy the read!

EveryAge™



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## MEMBERSHIP

This special group of people will be remembered – FOREVER.

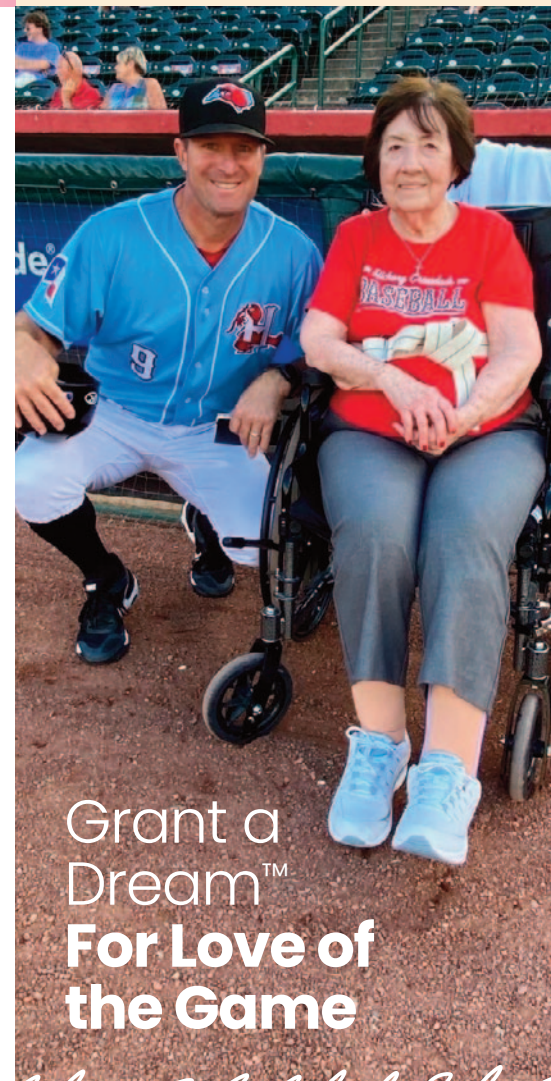
### Julius Society — 184 Legacy Members

Julius W. Abernethy, Maye Morrison Abernethy, Mary B Abernethy, Raenelle Abernethy, Robert Akins, Ethel Anderson, Bobbie Appleton, Fred Appleton, Selena Arney, Margaret Beacham, Ada Beatty, Edward M. Berdick, Betty Bicknell, Emily Binning, Yancey Birdsong, John C. Boesch, Mary Ann F. Boesch, Cecil Bost, Gretchen Bost, Charles Bost, Dixie Bost, James Richard Bost, Lois M. Bost, Marjorie Bowman, Tally Bowman, Charlotte Brummer, Ray Brummer, Frances Buchanan, Mary Ayers Campbell, Dosa Carlson, Ira Cassel, Page Cassel, Lola Cheek, Raymond Cicirelli, Frank Clapp, Jr., Jackie Clark, Shirley Clifford, William Coltrane, Helen P. Comber, William R. Comber, Stephen Cooper, Emma Cummings, Harry L. Cummings, Jean DaVanzo, John DaVanzo, Jane T. Dellinger, Mary Lou Dixon, Inez Drum, Harriett F. Drye, Dale Eckard, Leo Emielita, Margaret Erikson, Vivian Estep, Sadie Faw, Caroline Femrite, Hawley Femrite, Murrell Deal Finger, Gladys R. Fletcher, Donald Flick, Jack H. Frank, Sr., Lalah Frank, Inez P. Freeman, Margaret M. Gabriel, Robert H. Gabriel, Lessie E. Gaddy, Forrest George, Virginia George, Henry Germond, Katherine Germond, Phyllis Gillikin, Joe Goble, Katheryn Goble, Lucille Grandmaison, Peggy C. Grimes, Faye Griswold, Robert D. Griswold, Doris J. Guill, Marie Handle, Thomas Handle, R. G. Harris, Duane Hass, Michiko Hayhurst, Arlene Hoffman, Robert W. Hoffman, Guy Holland, Harold Holste, Frankie Hoover, Donnie Huffman, Willard W. Huffman, Violet G. Hutchens, Samuel Irby, Virginia H. Irby, Geneva Deal Isenhour, Mary Jaeger, Walter Jaeger, Rosa Jarrett, Lillian Sue Jones, Duane Price Kline, Vola Knipp, Verna M. Krouse, Charlie Lambert, Burton Laskin, Harriette Laskin, Gerry Laube, Camille Lawrence, Evelyn Shuffler Leaf, Jacqueline Leonard, Joe H. Leonard, Izetta Lingle, Elizabeth Lipscomb, Nathan Lipscomb, Fred N. Livengood, Glenn Love, Mary Love, William C. March, Prueella McKenzie, Ethel McMahan, Eleanor Messner, Paul J. Miller, Beulah Mae Mitchell, James R. Mitchell, Sr., Reitzel P. Moldin, Catherine L. Moore, Hoy Moose, Carole Morrison, Charles Moss, Muriel Newell, William A. Newell, Marion Obergfell, Paul Obergfell, John Pancoast, Katherine Pancoast, Anne B. Pendry, Clint Pendry, Frances I. Pickett, Dorothy Pierce, Lalah T. Pierce, Clarence Pierce, Jr., Leslie K. Pomeroy, Jr., Gerry Propst, Annie Shuford Rankin, Sarah Reese, Leary Reid, Lillian Resnick, Robert H. Rogers, Marjorie Schell, Evelyn P. Sell, Kenneth D. Sell, John Settlemyre, Frances E. Setzer, Banks D. Shepherd, Anice Shuler, Charlie Shuler, Avis Shumaker, Marilyn E. Shumaker, Helen V. Sink, Catharine B. Smith, Catherine S. Smith, Lester Smith, Margaret F. Smith, Rena Bray Smith, Sarah B. Snell, Gladys Snider, Betty Snyder, William J. Spain, Jr., Edith Strunk, Lawrence N. Strunk, Helen S. Tatum, Richard L. Tatum, George Thomason, Ruth Thoni, Florence Throneburg, Anna Goode Turner, Zechariah Turner, Rose Vipond, Vera Wagoner, Dale C. Ward, Margaret R. Warlick, Esther W. Watkins, Nancy Westbrook, Hazel Wilfong, Charles D. Williams, Sylvia D. Wilson, and Mary Woods

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Grant a Dream™  
For Love of the Game

Some passions appear early in life. Others develop a bit later, inspired by the people we spend our time with. For Lois Hall, a skilled nursing resident at Abernethy Laurels, her busy family and work life didn't permit a lot of extracurricular activities. It wasn't until she retired in 1988 that she had a chance to enjoy Major League Baseball on TV with her husband. Tapping into his love of the game the excitement quickly took hold in her blood and the two spent many hours enjoying the competition.

After her husband passed away, Lois kept watching her favorite team, the Atlanta Braves and her favorite player Austin Riley, their third baseman. Finding a kindred spirit in Abernethy Laurels' activities assistant Abigail Crowder, the two often talk of the latest game or gossip related to the ball club.

Abigail reached out to the EveryAge Foundation to see if the Grant a Dream™ program would help Lois attend a Crawdads game when the local team played the Rome Braves, Atlanta's minor league affiliate. The outing was planned, and some 20 staff members from Abernethy Laurels took Lois to L.P. Frans Stadium to enjoy the action during the Rome Braves' five-game visit to Hickory. Lois threw out the first pitch with the crowd cheering her on, met the team, took a photo with Conrad the Crawdad and one of the coaches, and watched with delight from the stands with the Abernethy crew.

The power of dreams is that each person defines what his or hers looks like. And while some people yearn for exotic destinations and wild spectacle, others find the utmost satisfaction in simple evenings spent among friends. The Grant a Dream™ program is privileged to fulfill both kinds, taking special delight in its devotion to renew a personal passion like baseball and to nurture joy along the way.

## Abernethy Laurels Residents Give Back to the Newton Community

In August, Abernethy Laurels and the EveryAge Home Office contributed to the Parade of Cans food drive through The Corner Table in Newton, NC. At a reception, the group learned that we had donated a total of 1,074 pounds of food to combat hunger in our community. The Residents at Abernethy Laurels brought items and wrote checks to help the cause and support the lives of local families. Whether it is volunteering time or donating, the lifestyle on each EveryAge campus is focused on purposeful living and giving back to others. This is the essence of our mission as Christian ministry that provides vibrant living, diverse programs of outreach and compassionate services.

Pictured, l-r: Abernethy Laurels executive director Amber McIntosh and residents Dick and Regina Bruns and Lois and Jim Hunt.

Abernethy Laurels  
EveryAge Senior Living™



## FORTUNE RECOGNIZES EVERYAGE AS A BEST WORKPLACE 2022

EveryAge has been named a Best Workplace in Aging Services™ for 2022 by Fortune business magazine. This year, EveryAge ranked 13th nationwide in the small/medium senior housing category. In 2020, the organization ranked number 19. To generate the Best Workplaces in Aging Services™ list, survey responses are analyzed from over 140,000 employees from Great Place to Work-Certified™ companies in the aging services industry. The 2022 survey responses indicate 82% of EveryAge employees affirm that it is a great place to work. This compares to an average U.S.-based company where only 57% of employees provided that same response. In EveryAge's survey, 91% of employees believe My work has special meaning and 87% of employees agree that Management trusts people to do a good job without watching over their shoulders. This growth in the 2022 employee survey acknowledges the ongoing efforts made to create an exemplary workplace.

continued other side





EveryAge™  
FROM THE CEO

Lee Syria

In 2022, I celebrated two personal milestones in my tenure with EveryAge: On June 2, I celebrated my 25th anniversary being a part of this wonderful organization, and October 1 marked my 10th year serving as President and CEO. I am honored, humbled, and privileged to lead this ministry. Each milestone moment in my tenure has caused me to pause and reflect on how EveryAge has evolved over this period of time.

In 1997 when I joined the team at Abernethy Laurels (then called Abernethy Center), the organization's name was United Church Retirement Homes, Inc. (UCRH). UCRH was comprised of two programs: Abernethy Laurels and Piedmont Crossing, plus the corporate (home) office. We were poised for growth with plans well underway for the development of Lake Prince Woods. A focus on developing affordable housing through the HUD 202 program was also being realized simultaneously.

## START EACH DAY WITH A GRATEFUL HEART. PSALM 107:1

Fast forward to 2012, when I began my current role as President and CEO for the organization, which was then named United Church Homes and Services (UCHS). At that time UCHS was operating 11 programs, including three continuing care retirement communities, six affordable housing communities, a childcare program, and a separate Foundation, plus the home office. On the same day that I officially assumed my new role, Carolina SeniorCare opened its doors as a Program of All-inclusive Care for the Elderly (PACE), providing services to older adults in Davidson, Davie, Iredell, and Rowan counties.



As of October 2022, the organization now known as EveryAge has been providing services to older adults for over 51 years – and it continues to grow. EveryAge now operates 16 programs made up of three continuing care retirement communities, seven affordable housing

communities, a childcare program, two Programs of All-inclusive Care for the Elderly (PACE), a Medicare-certified home health and hospice agency, an adult day health program, and the Foundation, plus the home office. During my ten years at the helm, in addition to the external growth of new programs and communities I've seen over the past 25 years, I have also had a front row seat to witness numerous expansion, renovation, and replacement projects throughout our communities.

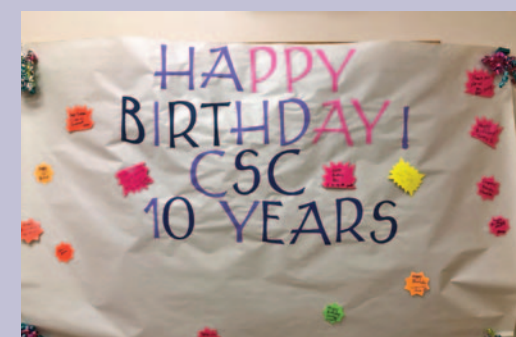
As I begin my 11th year leading this organization, there are no signs of slowing down. EveryAge continues to advance plans to expand its footprint and serve more older adults throughout North Carolina and Southeastern Virginia. We also recently held a groundbreaking on September 29th at Lake Prince Woods to begin construction on a new Wellness Center and renovations to the Commons area.

When asked why I have stayed so long, my answer is simple. It's because of the people! Over the past 25 years, I have had the privilege of getting to know so many incredible individuals through my work, including residents, team members, the leadership team, the many volunteers who serve on our Boards and Committees, and business associates. The mission of EveryAge and the positions that I've held within the organization have given me the opportunity to make a difference. I am simply grateful to be a member of the EveryAge team.

Pictured, l-r: Parker Howell, EveryAge Board Chair, Lee Syria, Thomas Chang, Executive Director at Carolina SeniorCare

## CELEBRATING 10 YEARS AT CAROLINA SENIORCARE

EveryAge celebrated the 10th anniversary of the opening of Carolina SeniorCare with a reception for the community and an invitation for individuals to see how a PACE program can support local seniors and expand quality of life. The center



provides services in Davidson, Davie, Iredell and Rowan Counties and through an interdisciplinary team, the needs of participants are coordinated so they can age in place and live safely in the community.

A PACE program is like a nursing home without walls because participants may access the day center where the medical clinic operates, receive physical, occupational or speech therapy including restorative therapy, or receive home care services in the community.

For more detailed information, watch our virtual tour at <https://vimeo.com/766584150>.

## BREAKING GROUND AT LAKE PRINCE WOODS

Plans for a Wellness Center and Commons area upgrade at Lake Prince Woods came a step closer with a groundbreaking celebration in September. This event further celebrated Lake Prince Woods' 20 years of senior living in the Hampton Roads area and harkens back to Lake Prince Woods' original grand opening, which took place on September 29, 2002. This project is made possible by Lake Prince Woods' recent capital campaign, which raised \$1,467,047 toward a two-phase initiative to update wellness-enhancing amenities and memory care services on campus. The total cost of the first phase is anticipated to be in the range of \$13.5 million while details of the second phase are still in development.

# Philanthropy

EVERYAGE FOUNDATION NEWS

EveryAge™  
FOUNDATION

*EveryAge Foundation exists to solicit, safeguard, and disperse funds in support of the charitable mission of EveryAge with special emphasis on financial assistance for current and future residents and staff.*



## Julius Society Dinners

September is the month that we CELEBRATE our legacy donors who are no longer with us. We promise to remember

our donors and celebrate each year by saying their name aloud at in-person dinner events. This year we gathered at Abernethy Laurels in Newton, NC, Piedmont Crossing in Thomasville, NC and Lake Prince Woods in Suffolk, VA to celebrate our 181 members who have passed away. Ray Blaum, a speaker in Virginia shared with the group that he and his wife Anna became members of the Julius Society after reading the following poem:

### We Drink From Wells We Did Not Dig

We build on foundations we did not lay

We warm ourselves by fires we did not light

We sit in shade of trees we did not plant

We drink from wells we did not dig

We profit from persons we did not know

We are ever bound in community.

BY REV. PETER RAIBLE



## OUR FUTURE LOOKS BRIGHT!

### Mind, Body & Spirit Capital Campaign Concludes

The Lake Prince Woods Mind, Body & Spirit Campaign concluded on September 29 with a donor thank you event. The campaign committee exceeded their goal to raise \$1,000,000 and raised **\$1,466,972!**

We are thankful for the donors who gave generously to the campaign. A special note of thanks to those who gave gifts over \$25,000 and were offered naming opportunities.

Duke Automotive and Mrs. Lydia Duke  
Mr. Jim Perkinson Jr.  
Mr. Raymond and Mrs. Anna Blaum  
Mrs. Donna W. Carroll  
Dr. Leroy Howell  
Mr. John and Mrs. Mary Ann Eure  
Windsor Congregational Christian Church  
Mr. Von and Mrs. Judy Piersall  
Mrs. Martha Ryals  
Mrs. Margaret Cicirelli and The Estate of Raymond Cicirelli  
Anonymous  
Mrs. Gail Sankey  
Mr. Greg and Mrs. Missie Alcorn  
Birdsong Peanuts and The Birdsong Family  
The Estate of Raymond & Charlotte Brummer

### Special thanks to our leaders and committee members:

Dr. Leroy Dowell, Honorary Chair  
Ray Blaum and James Jones, Co-Chairmen  
Karen Bachand, Mary Lynne Bush, Jacque Edwards, John Gayle, Lorraine Gayle, Parker Howell, Lynn Nelson, Jim Perkinson, Judy Piersall, Von Piersall, Kathy Queen, Tom Queen, Judy Raymond, John Sulfaro and Marsha Sulfaro.

Interested in giving a gift?  
[www.everyage.org/foundation](http://www.everyage.org/foundation)

## SAVE THE DATE

# 19th Annual EveryAge Foundation Golf Tournament

Monday May 15, 2023  
Shotgun Start at 10:00 am  
Catawba Country Club

### Sponsorship Opportunities

- > Golf Cart Sponsor – \$2,000  
Secured by Southern Pharmacy
- > Foundation Sponsor – \$1,000
- > Tee Sponsor and Foursome – \$650
- > Team – \$450
- > Tee Sponsor – \$300
- > Tournament Friend – If you are unable to play or volunteer, please consider giving a charitable gift as a friend.



Julius  
SOCIETY

Thank you to our 333 friends who made a provision in their will or estate plan to leave a legacy gift to EveryAge Foundation.

## Julius Society – 149 Living Members

Anonymous (8), Ellen Adams, Karol Akins, Greg Alcorn, Missie Alcorn, William Arney, Dora Carol Ball, Joe Beaman, Judy Beaman, Nancy Beard, Anna Blaum, Ray Blaum, Larry Bolick, Edith Bolick, Katherine Bondurant, David Boone, Karen Boone, Milton Brown, Sarah Brown, Lois Carnahan, Donna W. Carroll, Peg Cicirelli, Kenneth Clapp, Don Clark, Jean Claud, Robert C. Claud, Melva Cooper, Ginger Cranford, Betty Curlee, Ivey Curlee, Jr., Amy Deal, Beth Deal, J. Ray Deal, Betty Dickinson, Sara Draper, Shelley Early, Brenda Eckard, Jacque Edwards, Pat Edwards, Robert B. Edwards, Barbara Ellington, Glenna Emielita, Joyce Faison, Ruth Fleak, Jo Anne Flick, Jodie Anne Flick, Carol Fonville, Jamie Fonville, Jr., Doris Gaddis, John Gaddis, Judy Gallagher, John Gayle, Lorraine Gayle, Linda Goble, Edith Grimes, Paula Haissig, Hildur Harris, Michael Hartwell, Sandra M. Hartwell, Joan Hass, Dorothy Hill, David Y. Hirano, Sandra E. Hirano, Jerry Ho mann, Marcia Ho mann, Curt Holmquist, Lorraine Holmquist, Eugenia Holste, Bonita Hooper, Michael Hooper, Parker D. Howell, III, R. Leroy Howell, Ralph Howell, Jr., Tammy Howell, James Hunt, Lois Hunt, Tom Innes, Carol Johanningsmeier, Martha Johnson, Anne Jones, Kelli M. King, Elizabeth Lambert, Beverly Lanzer, Homer Laube, Mabel Lawing, Marguerite T. Leonard, Henry Lister, Hunter March Jennifer March, Linda Mathias, Amber McIntosh, Kevin McIntosh, Linda Morris, Anne Moss, Barbara Murray, Lynn Nelson, Catherine Olive, Hubert Olive, James Perkinson, Constance Pomeroy, Caroline Reid, Aimee Reimann, Lynne Reyburn, Jerry Rhyne, Marion Rhyne, Diane Richter, Greg Rossidivito, Douglas P. Russell, Martha Ryals, Darwin Samples, Donna L. Scott, Roland Scott, Donna W. Scott, Robert Scott, Greg Scott, Sherry Scott, Betty Settlemyre, Eulene Shepherd, Henry Simpson, Edward L. Smith, Eva Smith, Susan Sowers, Tommy Sowers, James Stakes, Karen Stakes, Susan Stone, Ann Stroup, Ron Stroup, Lee Syria, Joseph Tharpe, Kathy Tharpe, Brad Thie, Debbie Thie, Elaine Weller, Nelson Weller, Mary Wesley, Cii Wike, Debbie Wike, Margie Wiley, Kathy Wood, Paul Woods, Bill Zook, and Jim Zook

Please contact Gretchen Beard at [gbeard@everyage.org](mailto:gbeard@everyage.org) or 828-465-8013 if you need assistance in giving a gift.

## MARK YOUR 2023 CALENDAR!

April 26, 2023

Suffolk Philanthropy Luncheon  
Hilton Garden Inn, Suffolk, VA

May 15, 2023

19th Annual Golf Tournament  
Catawba Country Club, Newton, NC

September 5

Julius Society Dinner Newton  
Abernethy Laurels, Newton, NC

September 12

Julius Society Dinner Thomasville  
Piedmont Crossing, Thomasville, NC

September 19

Julius Society Dinner Suffolk  
Lake Prince Woods, Suffolk, VA

